Oahu 4-H Newsletter  
August Issue

August
1  4-H Staff Meeting
14  State Livestock Meeting
16  Hawaii 4-H Foundation Meeting
   Operation: Military Kids STEM 4-Day Camp - UH Manoa
18,19 & 21  4-H 101 training - Schofield Youth Center 8:30 - noon
22  4-H 201 training - Schofield Youth Center 8:30 - noon

September
20  Hawaii 4-H Alumni Association annual meeting
26  4-H Staff Meeting

President’s Message

Hello everyone! What a wonderful banquet that was! I would like to thank the volunteers for helping and the Just Us 4-H club for chairing our banquet. Our banquet wouldn’t have been possible without your hard work. It was nice to see mostly everyone, and I hope to see all of you again at our next event!

I am looking forward with working with everyone. I promise to fulfill my duties with the best of my ability; however, the new Executive Officers and I need everyone’s support to make this year memorable for everyone. I believe with all of our effort, we can make this year the best year ever!

Shaina Acosta

Go Milk!

Do you know how to milk a cow? Well, Oahu County 4-H’ers taught youngsters how to do just that, albeit on a fake cow. On a sunny Sunday, half a dozen volunteers made the trek to Kualoa Ranch for the annual Farm Fair. From seed matching to milking mock cows, our 4-H’ers helped with educational activities for youth and adults alike.

Farin Fukunaga
2014-15 Oahu 4-H Organization Executive Board

From Left: Sanoe Lee, Sergeant at Arms, Katrina Fernando, Secretary, Janiele Luab, VP, Shaina Acosta, President and Rose Saito, 4-H Agent

Oahu 4-H Achievement

Thanks to all 4-H Clubs whose assistance and support helped with the success of our Achievement and Recognition Banquet. Special recognition goes to Sakaye Nomura and the Just Us Club.

Chair and Favors - Just Us (Food Servers)

Registration - Warriors (Welcome Committee)

Program, Set-Up, Emcee - Farrington FCCLA (Farr FCCLA)
Centerpieces - Shooting Stars (Hope Faith)

Silent Auction - Clover Kids

![Image of silent auction participants]

**County Livestock Judging Results**

The 2014 Livestock Judging Contest was held at the Barbed S Ranch in Waianae on May 31, 2014.


**County Livestock Show Results**

The 2014 Oahu County 4-H Livestock Show and Auction was held at Kawailoa Ranch on June 21, 2014.


**County Livestock Show Mahalo**

The County Show was a success due to all the volunteers, parents, and friends who assisted and helped. If we have missed anyone, please let me know. Fran and Henry Silva for slaughtering arrangements, pickup of pens, and dropoff of pigs. Eddie Eguires for pickup of pens and scale. Russell Dietz for being the show judge. Stacy Dietz for fancy chickens and cloverbuds. Carol Medeiros and Makaleka Barros for handling the silent auction. Debbie Eguires for mistress of ceremonies and Awards coordinator. Dwayne Dietz as auctioneer. Buddy Eguires for tent covering the animals. Patti DeSoto for facilities use. Paul Eguires as weighmaster. Parents for ring handlers. Henry Fong for PA and sound system. Makaleka and Verna for handling the hog auction. Parents, members, and friends for setup and cleanup.

**Bustos Gives Back**

3-Time Olympian and Gold Medalist Crystl Bustos along with Ruby Rojas, a 13-year veteran of the Venezuelan National Softball Team made their way back to the island to host the 2014 Operation: Military Kids (OMK) Youth Girls Softball Clinic. This is the second year Bustos has instructed the no-cost clinic which was held on July 29th at the Lynch Field Baseball Complex. With additional help from local coaches and Chaminade University Athletics, Bustos and Rojas provided detailed instruction on proper fielding, pitching and hitting techniques adapted to each participant’s skill level.

Participants ranged from ages 8-15 and represented all Active Duty components, the National Guard and Reserves. This clinic was created specifically for military youth as a way for Crystl and her pro staff to show their support and appreciation for all military personnel and their families. Not only do these clinics help to prepare athletes to be successful on the field, Bustos and her staff also teach important aspects of discipline, respect and sacrifice to help youth be the best they can be in sports, in the classroom and at home. The OMK softball clinic was coordinated through a partnership between Ruthless Sports Training, Joint Base Pearl Harbor-Hickam Youth Sports, Army Reserve CYSS and the Army School Liaison Office.

*Steven Nagano*

*Kiki Yoshimoto*
STEM-Tastic Fun! Part 4

Register today for the 4th installment of the STEM-Tastic Fun Day Camp series! The event is for National Guard and Army Reserve youth between the ages of 6-12 who are interested in STEM education and how it relates to every aspect of our daily lives. STEM-4 will take place on Saturday, August 16th at the University of Hawaii. Registration for this free event is free and transportation from Fort Shafter Flats is provided. The STEM-Tastic series is supported through a joint venture between Operation: Military Kids, 4-H Youth Development, Army Reserve CYSS, National Guard CYP and the University of Hawaii. For more information or to register, call 808-956-4125 or visit: www.ctahr.hawaii.edu/4h/OMK/education.htm

Kiki Yoshimoto

4-H 101 and 4-H 201 Trainings

We will be holding our annual 4-H 101 and 201 trainings for those who will be leading 4-H clubs at military bases and installations but all other interested club leaders are invited to join us as well.

4-H 101 – August 18, 19 and 21
Schofield School Age Center
8:45 am – 12 noon
(must attend all three sessions)
- For the club leader with no prior 4-H club leadership experience

4-H 201 August 22
Schofield School Age Center
8:45 am – 12 noon
- For the club leader who has had prior 4-H club leadership experience

Please RSVP – nakatsuk@hawaii.edu or 956-7196.

Claire Nakatsuka

4-H Pen Pal Wanted

New Hampshire 4-H member Jasmine Filter is seeking a 4-H pen pal from Hawaii. Jasmine is 10 years old and is a member of the Chapel Valley 4-H club. She loves anything to do with horses, basketball and sewing. Her address is 67 Circle Point
Rd., San Bornton, NH 03269. Please contact her if you are interested in corresponding with her.

**Project Spotlight**

Sewing Expressions curriculum includes three youth activity books and one helper’s guide. These activity books, written by university experts, help young people develop and share their creative abilities in the sewing and textiles area. Participants may work at the level most appropriate for them, no matter what the age. Written for grades 3-12.

The activity books include sections on creating (gaining experience in sewing), maintaining (caring for textile items), teching (technology applications in the apparel and textile industry), futuring (a sampling of potential careers), and serving (using their knowledge and skills to help others).

Book 1: Youth will learn more about fashion and their unique style as well as technology in sewing and careers in the textile industry.

Book 2: Fashion Forward will help youth develop their fashion sense and the skills needed to create a unique style of their own.

Book 3: Youth will learn more about fashion and their unique style as well as technology in sewing and careers in the textile industry.

The Helper’s Guide provides additional learn-by-doing activities that can be adapted for families, classrooms, after school programs, or other youth groups. Helper’s will find helpful hints about characteristics of youth, life skill development, teaching experientially, as well as group meeting ideas.

This curriculum is available for purchase from 4-Hmall.org.

**Other Opportunities**

**Get Ready for the 2014 4-H National Youth Science Day!**

This year, the 2014 4-H National Youth Science Day (NYSD) is going to new heights as it focuses on aerospace engineering. Taking place on October 8, the 4-H NYSD 2014 National Science Experiment will be Rockets to the Rescue!, developed by the University of Arizona.

This year's science experiment tasks youth with one mission: feed a community plagued by natural disaster. Youth will be responsible for building an aerodynamic food transportation device that can deliver large amounts of food to disaster victims. While participants will learn
STEM concepts like previous NYSD experiments, they will also learn a powerful and valuable lesson in nutrition and helping to solve a current, global issues such as providing relief services in the wake of natural disaster.

Since 2008, 4-H NYSD has engaged millions of youth around the world in exciting and innovative STEM learning and experiences, from wind power to robotics to geospatial technology. Although the official NYSD event takes place at the National 4-H Youth Conference Center Washington, D.C., clubs, groups and schools worldwide take part in the science event every year.

Participating in NYSD is easy:

- **Purchase a 4-H NYSD Experiment Kit.** Each kit includes all the necessary items needed to perform the experiment, including youth and facilitator guide books and experiment materials. To help you get a head start in preparing for the event, experiment kits are available for pre-order now on 4-HMall.org.

- **Register your event.** Simply create an NYSD membership account and you will be given access to helpful resources and materials. Later this month, adult leaders will be able to register their local NYSD event information, including event date, location, and number of participating youth and adults. Starting July 31, National 4-H Council will hold a random prize drawing every week to award a $150 Visa gift card to an organization that has registered its event. Register by October 1 for your chance to win $150!

So what are you waiting for? Purchase your kit, register your event, and get ready to save the world in this high-powered 4-H NYSD event!

**4-H NYSD and STEM Contest Webinar**

National 4-H Council recently hosted a 4-H National Youth Science Day and STEM Contests webinar. You can access the recording of the webinar as well as the presentation itself by going to www.4-H.org/my4-H. Search “Science Day” to find these among other related resources. Share back curriculum, handouts, web links or any other NYSD related resources you find helpful by uploading them to my4-H. Include “Science Day” as a tag during the upload to make it easier for others to search and find the information.

Remember, your www.4-H.org/my4-H log-in username and password is the same as your www.4-H.org/nysd log-in information.

**That's Not Cool Ambassadors Program**

**Deadline: Ongoing**

That's Not Cool uses examples of pressure and control that occur in the digital world (online and via cell phone) to encourage young people to draw their own lines about what's okay, or not okay, in relationships. Members of the That's Not Cool Ambassadors team will gain valuable experience, national exposure, and meaningfully contribute to this award-winning initiative.
Ambassador posts are open to boys and girls, age 13-19.

**Video Game Innovation Fellowship**  
**Deadline: August 15**

Leaders on Fast Track (LOFT) has partnered with the Entertainment Software Association (ESA) to run the ESA LOFT Video Game Innovation Fellowship. Your goal is simple: create a video game or application that can inspire social change in your community. Minority youth ages 16-24 are eligible to apply. 20 winners will receive $1,000 grants and a trip to DC.  

**Get Ready for Maker Party 2014!**

Maker Party 2014 is a blitz of events from July 15 to September 15 in cities around the world aimed at celebrating hands-on making and learning, and teaching the mechanics, culture and citizenship of the web. The purpose of the campaign is to support communities around the world learning to go beyond passive consumption of the web to “making the internet” themselves, at all levels.

**From USDA: Making is a 4-H tradition**

The 4-H National Headquarters has been working with the White House on their Maker Faire and is continuing to find new ways to build a nation of makers within 4-H! Learn more about this exciting event.

**Riding It Forward for Healthy Living**

Season 14 finalist of *The Biggest Loser*, Joe Ostaszewski, is Riding It Forward this summer to help raise awareness for healthy living across America. Joe will travel from Washington, D.C. to The Biggest Loser Ranch in Calabasas, California, spreading awareness about 4-H's healthy living programs. Learn more about Joe's courageous and inspiring journey.

**From USDA: Change in Demographics by 2023**

4-H has challenges in reaching full engagement in the community. This is based not on issues of qualification and performance, but rather on the visible and invisible group memberships they represent. Trends indicate that the most important employment asset will be the talented, diverse human capital (DHC). Be on the lookout for more information regarding access, equity and inclusion in many federal initiatives. These initiatives will be important to 4-H and Youth programs.

**Announcing the "Teachers Bringing Science to Life" Contest**

National 4-H Council and Lockheed Martin [NYSE: LMT] are launching the "Teachers Bringing Science to Life" contest that will provide resources and rewards for educators who encourage their students to explore the field of aerospace engineering.
4-H Citizenship Washington Focus

It’s been another exciting year at CWF! We couldn’t wait to share this news with you first! Registration for the 2015 Citizenship Washington Focus season is now open. Many of you have experienced the wonderful opportunity that CWF offers young people in 4-H. It’s time to register your 2015 delegation!

These are the dates for Citizenship Washington Focus 2015:

- **Week #1**: May 31 - June 6
- **Week #2**: June 7 - 13
- **Week #3**: June 14 - 20
- **Week #4**: June 21 - 27
- **Week #5**: June 28 - July 4
- **Week #6**: July 5 - 11
- **Week #7**: July 12 - 18

Submit a form to register your delegation today! [http://www.4hcenter.org/youth-conference-center-overview/educational-programs/citizenship-washington-focus/](http://www.4hcenter.org/youth-conference-center-overview/educational-programs/citizenship-washington-focus/)

Don't miss the early bird specials, book by August 25th and receive 1 free chaperone for every 10 delegates!

This year we also had our first Leadership Washington Focus session. LWF is a 4-H leadership program for youth entering grades 7-9. Registration opens on August 1st! This year's program dates are:

- **Week #1**: June 15 - 19
- **Week #2**: June 22 - 26
- **Week #3**: July 6 - 10
- **Week #4**: July 13 - 17

Check out LWF 2014 [http://www.4hcenter.org/youth-conference-center-overview/educational-programs/leadership-washington-focus/about/](http://www.4hcenter.org/youth-conference-center-overview/educational-programs/leadership-washington-focus/about/)

Maria A. McNeely
Manager, Youth Opportunities
National 4-H Council

Community Impact Grants Program

Grants, up to $5,000, are available to registered 501(c)(3) nonprofit organizations and tax-exempt public service agencies in the U.S. that are using the power of volunteers to improve the physical health of their community. Grants are given in the form of The Home Depot gift cards for the purchase of tools, materials, or services.
Priority will be placed on volunteer projects that fit the following criteria.

- Projects that serve veterans and their families, whether that’s repairing homes or improving facilities
- Projects that involve veterans volunteering to help other veterans in the communities where they live

Check out http://homedepotfoundation.org/page/applying-for-a-grant for more information.